Year Group	Term	Key Themes	Scheme of Work (Outdoor Sport)	Scheme of Work (Indoor Sport)	Assessments	Specification links	Fundamental Skills	SMSC/Fundamental British Values Links	Careers Curried/Opportunities	Computing/Literacy/Numeracy Opportunities
Y7	HT1A	**Netball**- Pupils will focus on how to use basic principles of attack and defence to plan strategy and tactics for netball. They will work on improving the quality of their skills using various techniques: passing, shooting, footing and creating space, keeping possession. Pupils will work on improving the quality of their skills with the intention of outwitting opponents. In all games activities, pupils think about how to use skills, strategies and tactics to outwit the opposition.	Burnley High School\Lessons\Netball\Year 7 Netball Scheme of Work.docx	Burnley High School\Lessons\Badminton\Year 7 & 8.docx	**Netball**- 7v7 games, conditioned passes and footwork. **Badminton**- 2v2 games. Mastery, retention and understanding of previous content/skills will be assessed using questioning and demonstrations at the beginning of the lesson. • Q & A • Visual assessment • Formative and summative assessments • At the end of the 5 week block, assessment of the skills and game play will take place by the teacher. Marks will be recorded based on student level mark out of 10 inputted into a folder that can be viewed on P drive	Students should be taught to: use a range of tactics and strategies to overcome opponents in direct competition through team and individual games.	**Netball**- To use basic principles of attack and defence to plan strategy and tactics for netball. To improve the quality of their skills using various techniques: passing, shooting, footing and creating space, keeping possession. To improve the quality of their skills with the intention of outwitting opponents. To confidently describe the rules of netball. **Badminton**- Court Demarkation- Knowledge of court markings and boundaries lines- Rules of service and service order- Short serve, long serve- Overhead Clear- Technique and performance, application- Drop Shot- Technique, performance and application- Singles play- Rules, tactics and application of shots to outwit opponents To develop knowledge and understanding of strategic play used to outwit opponents. To be able to change and refine tactics based on the application of various plays and opposition. To confidently describe the rules of badminton.	**Spiritual Development in Physical Education** During the range of activities that students can participate in, students can develop a sense of enjoyment and fascination in learning about themselves, others and the world around them. Students should be consistently encouraged to use their imagination and creativity in their learning, and expression and imagery to reflect on their own and others feelings and emotions. Examples of Spiritual lessons in Physical Education: ~Explore, creatively through producing Dance and Gymnastic routines ~Creating and developing own attacking and defensive set plays and tactics **Moral Development in Physical Education** PE in general teaches students about code of conduct, etiquette, handshake before and after matches, applauding the opposition, fair play, unwritten rules and sportsmanship. Students should abide by the rules and regulations, gaining a sense of responsibility for their own actions and behaviour. Arrangements such as penalties and red cards allow students to understand the consequences of their actions which in turn helps students apply this understanding to their own lives. Students should be taught that the only way you can achieve in sport to a high standard is if you work hard and if you can discipline yourself to train and apply yourself. Examples of Moral lessons in Physical Education: ~Moral dilemmas – students investigate into decease issues in sport such as the use of performance-enhancing drugs and coach fixing in GCSE examination courses. ~Reminder fair play and team work in lesson ~Encourage good sportsmanship throughout **Cultural Development in Physical Education** The PE department can encourage a willingness to participate in sporting opportunities that will help to develop positive attitudes towards different religious, ethnic and socio-economic groups in the local, national and global communities. Examples of Cultural lessons in Physical Education: ~Listening about the developments of sports in different cultures ~Learning where different sports originate from and what the national sports of different countries are **Social Development in Physical Education** Students in PE can use of a range of social skills in different contexts, including working and socializing with students from different religious, ethnic and socio-economic backgrounds. The willingness to participate in a variety of social settings, cooperating well with others and being able to resolve conflicts effectively. An interest in and understanding of, the way communities and societies function at a variety of levels. Also students can develop their friendship and social strong through involvement in inter, intra school competition and Burnley Football Club. Examples of Social lessons in Physical Education: ~Creating a sense of community in lessons and clubs ~Interact with the community and primary schools through coaching ~Encourage students to recognize and respect social differences and similarities	Netball club coaches to come into school and coach (Burnley Netball Club, Ribble Valley Netball Club); Extra Curricular clubs and fixtures against other schools, Media Officer, PE teacher, Netball journalist. Badminton Coach and opportunity to join Burnley Badminton club in the Burnley Community, PE Teacher or Sports Lecturer, Sports Development Officer, Sports Journalist.	Numeracy: Keeping score, formations, timekeeping of matches, passes/kicks completed Literacy: Key Words displayed, every through coaching, analysis and officiating.
	HT1B	**Hockey**- Pupils will focus on how to use basic principles of attack and defence to plan strategy and tactics for hockey. They will work on improving the quality of their skills using various techniques: passing, dribbling, blocking, shooting, footing space, keeping possession. Pupils will work on improving the quality of their skills with the intention of outwitting opponents. In all games activities, pupils think about how to use skills, strategies and tactics to outwit the opposition. Pupils will learn skills on balance, flight, travel and sequences (individual and partner). During KS3 gymnastics the lessons that could be adapted to any year group.	Burnley High School\Lessons\Hockey\Year 7 Hockey Scheme of Work.docx Burnley High School\Lessons\Gymnastics\Year 7 Gymnastics Scheme of Work.docx	Burnley High School\Lessons\Gymnastics\Year 7 Gymnastics Scheme of Work.docx	Hockey- 5v1 games, conditioned dribbling and passing practices, small sided games. Gymnastics- Final sequence comprising of sequences, choreography and assessments. Individualised components and differentiated tasks. Mastery, retention and understanding of previous content/skills will be assessed using questioning and demonstrations at the beginning of the first lesson. • Q & A • Visual assessment • Formative and summative assessment • At the end of the 5 week block, assessment of the skills and game play will take place by the teacher. Marks will be recorded based on student level mark out of 10 inputted into a folder that can be viewed on P drive	Students should be taught to: use a range of tactics and strategies to overcome opponents in direct competition through team and individual games. **Gymnastics**- Students should be taught to: develop their technique and improve their performance in other competitive sports	**Hockey**- Dribbling & movement with the ball To accurately replicate an effective dribbling technique. To be able to dribble the ball with control, changes of speed and direction. To be able to perform these skills fluently in a small sided game with the intention of outwitting the opposition. To demonstrate a confident knowledge of hockey rules. Passing & reverse stop To be able to perform an effective pass & receive the ball with control. To develop the use of push + hit pass with force under pressure. To experiment with reverse stop and recognise the disadvantage of playing to the weak side. To evaluate pupils strengths and suggest ways teams might beat attack. Creation of space/attacking principles To understand the need to create space and move the ball into wide areas. To develop the ability to outwit opponents using passing and receiving in attacking strategies. To perform skills in a small sided game making decisions about how best to advance on opposition. To evaluate & suggest how to improve their teams performance. Defending/jab tackle To accurately replicate jab tackle technique in isolation and under pressure in a game. To understand when to use the jab tackle in a game. To use guided discovery to evaluate techniques, tactics and computational ideas to produce effective block tackles. To understand the rules of hockey and begin to officiate correctly. Shooting To perform an effective hit and push shot developing accuracy and control. To understand various strategies for shooting to produce a successful outcome. To be able to evaluate team strategies and individual strengths & weaknesses. To be able to confidently officiate a game of hockey. **Gymnastics**- Balances- Patch, point, quality and control Rotations- Pencil roll, forward/backward roll, shoulder roll, forward/backward roll, shoulder roll, forward/backward roll, shoulder